

# Activities Week Information Sheet

## Transition Extreme

**Monday 14.05.18 and/or Wednesday 16.05.18**

Pupils make their own way to Transition Extreme and their own way home after.

Activities:

Indoor Climbing, BMX, Aerial Trekking & Fan Drop

**Arrive 8.45am**

**Finish approx 2.15pm**

Require packed lunch.

The café will be open at lunchtime and pupils may take a small amount of money to purchase snacks.

Transition Extreme recommend that warm, comfortable clothing suitable for indoor and outdoor activities be worn. A waterproof jacket is recommended. 20p for the locker for any valuables.

- Please note as according to school policy, no fizzy drinks should be included in packed lunches and pupils will not be allowed to purchase such drinks while on activities week. Fizzy drinks will be confiscated during the school day.
- Mobile phones are permitted for lunchtimes. Any device is taken at the pupil's own risk and will not be permitted during the activities.
- If your child should be ill on any day – please phone the school to let them know.
- Any changes in medical information – please let us know as soon as possible.

**Oldmachar Academy Activities 2018**  
**Edinburgh Zoo & Edinburgh Dungeon**  
**Monday 14<sup>th</sup> May 2018**

Departure Time from Aberdeen: **7am prompt** from the school car park  
Arrival time back in Aberdeen: **7pm** (One drop-off in the school car park)  
Bus Company: Watermill  
Pupils: 65  
Staff: Mrs Smart (leader), Mrs Bilsland, Miss Cully, Miss MacDonald, Ms Mack,  
Miss Walshe, tbc

**What to bring and wear**

Edinburgh Zoo is **outdoors, spread over 82 acres and hilly**, so

- wear conformable shoes (no flip-flops)
- warm clothes (layers would be good) and a waterproof jacket

**Valuables**

Valuables e.g. mobile phones, cameras, are brought entirely at your **own risk**. Staff and the coach company will not accept responsibility for loss or damage. If in doubt, leave at home!

**Food and drink**

You should bring a **packed lunch** with you. No cans or bottles of sugary juice or crisps/popcorn are allowed on the coaches. Bottled water, flavoured water are fine, but anything that can spill and cause a sticky mess is not acceptable. Bring a small amount of money for anything extra.

We will make a very short **10 minute** stop at Tesco in Dundee on the way down to use the toilets and you may buy snacks/drinks here too. Again, no cans, crisps, popcorn etc. will be allowed back on the coach.

The Zoo has three cafés with hot and cold food, snacks and drinks. However, food is relatively expensive, so a packed lunch is the best option. There is no café at the Edinburgh Dungeon.

**If** there is enough time on the way home, we may stop quickly for food/toilets in Dundee.

**Format of the day**

**There are two coaches. Staff will have the final say on who is on which coach. You may put in a request to be on the same coach with your friends, but this will not be guaranteed.**

### **Larger Coach (38 pupils)**

- 10.30 am The group on the larger coach will be start off at the Edinburgh Dungeon. The Dungeon 'tour' takes approximately 80 minutes.
- 11.20am The coach will return for pupils by 11.20am and take you to the Zoo for the remainder of the day. (Bags etc. may be left on the coach).
- 12 noon The coach will drop pupils off at Edinburgh Zoo. The Pandas are free to see during May, so you don't need an extra ticket or a time slot – you can go whenever you wish.
- 3.30pm** Be back on the coach (in the furthest away top corner of the Zoo car park) ready to leave for home.

### **Smaller Coach (27 pupils)**

- 10.15am This group will start off at Edinburgh Zoo. The Pandas are free to see during May, so you don't need an extra ticket or a time slot – you can go whenever you wish.
- 1.30pm You **must** be back on the coach (in the furthest away top corner of the Zoo car park) by 1.30pm to leave enough time to cross the city.  
If you are not at the coach by 1.30pm **it will leave without you** (and you'll stay at the Zoo) as the Dungeon Tour starts at 2pm.
- 2pm The group on the larger coach will have their tour at the Edinburgh Dungeon, lasting approximately 80 minutes.
- 3.20pm The coach will leave from outside the Dungeon to return to Aberdeen.

# Garthdee Snow Centre

Tuesday 15.05.18 and/or Thursday 17.05.18

**Arrive 10.15am**

**Finish 2.45pm**

Pupils make their own way to Garthdee Snow Centre and their own way home after. Pupils will be dismissed from the Snow Centre just after 2.45pm.

Bus No 1 and 2 go to Garthdee

## Activities:

Skiing, Snowboarding and Tubing

Require packed lunch

Water proof jacket, waterproof trousers, long sleeves, long socks and gloves. (If you have Ski/SB Outerwear it is recommended but not necessary).

Note: you will not be allowed to carry out the activities without **long sleeves** and **gloves**.

- Please note as according to school policy, no fizzy drinks should be included in packed lunches and pupils will not be allowed to purchase such drinks while on activities week. Fizzy drinks will be confiscated during the school day.
- Mobile phones are permitted. Any device is taken at the pupil's own risk and will not be permitted during the activities.
- If your child should be ill on any day – please phone the school to let them know.
- Any changes in medical information – please let us know as soon as possible.

# Dundee Trip to Olympia Swimming Pool and Dundee Ice Arena Tuesday 15<sup>th</sup> May



The Olympia is now home to one of Scotland's newest leisure pools and is the number one destination for people looking to make a splash when visiting Dundee. The leisure pool includes a rapid river, wave pool and seated bubble beds.

Thrill seekers can try the 4 innovative flumes that exit into aqua catches, with the bravest daring to try the Cannonball with its 3.8m drop into the dive pool. The flumes have various features including LED light effects and clear sections (the only swimming pool in Scotland to have these exciting features.)

All levels of skaters are welcome. The Skate hire is included.

## TIMINGS

Arrive school	8:15
Bus leaves	8:30
Skating	10:00
Lunch	12:00
Swimming	1:00
Leave Dundee	3:00 pm
Arrive school	4:30 pm (approx)

## INFORMATION

FOOD	Bring Packed lunch, snacks and drinks (there are vending machines at the ice rink and a cafeteria at the leisure centre if more needs to be purchased) NOTE: School policy to be followed - no fizzy drinks or chewing gum allowed. No eating on the bus.
MONEY	£1.00 coin or token required for swimming locker. All activities included in cost of trip. May wish to bring small amount of money for snack after swimming if time allows.
CLOTHING	Swimwear, towel, warm clothing for skating, gloves NO SKATES REQUIRED AS SKATE HIRE INCLUDED
LEADER	Mrs M Hall

## Dundee Science Centre – Tuesday 15<sup>th</sup> May 2018

### Itinerary

- Meet in car park at **8.15am**
- Bus will leave at 8.30am sharp
- Arrive Dundee Science Centre between 10.00am and 10.30am
- You will be allowed a seating area to have a **drink and a snack that you have brought with you** as you will not be allowed to eat or drink on the bus
- Briefing on activities and safety from staff at Dundee Science Centre 10.45am-11.00am
- **Robolab workshop 11.00am -12.00pm** – Programming for Lego Mindstorms
- 12.00pm –12.20pm look around the Science Centre and join any of the shows or exhibitions that run throughout the day.
- Walk to **Overgate Shopping Centre** and have lunch **12.30pm – 1.30pm**
- Tour of RSS Discovery 1.45pm – 2.45pm
- **2.45pm sharp - Meet at an agreed point** for bus or to walk to swimming pool where the bus will be picking up the other pupils at 3.00pm
- **Back to Aberdeen by approx 4.30pm** (have enough charge left on your phone so that you can call your parent/guardian, who is picking you up, when we get to Stonehaven)

### Notes

- **Safety** – Listen carefully to instructions and follow them at all times
- Bring a snack and water/drink with you. Bring a packed lunch or money with which to buy lunch. Bring a small quantity of money for shopping.
- Although we will be indoors for most of the day we will have some walking to do so wear suitable footwear and be prepared for the cold or rain.

# Peterhead Prison Trip

Wednesday 16<sup>th</sup> May

Leaving school: **9am**

Arriving at Peterhead Prison: **10am (approx.)**

Tour time: **1 hour 30 minutes – 2 hours (approx.)**

Lunch: Take a **packed lunch** or money for food as we will be stopping at **McDonalds**.

Other items: **Take a warm coat. The prison can become VERY cold.**

## Blair Drummond Safari Park – Wednesday 16<sup>th</sup> May 2018

### Itinerary

- Meet in car park at **8.00am**
- Bus will leave at 8.30am sharp
- Arrive at Blair Drummond Safari Park at approximately 11.30am
- 11.30am – 12.00pm bus will drive around the safari park so that you can see the animals and take pictures.
- We will then be able to get off the bus and you will be able to have lunch – there is a picnic area for this.
- Access to the following are included in the price of your ticket:
  - ◆ **Sea lion** presentation: 12 noon, 1.30pm, 4.30pm (extra show @ 3pm in peak season).
  - ◆ **Birds of prey** flying demonstration: 11.30pm, 1pm, 2.30pm, 4pm.
  - ◆ Take a **boat safari** around chimp island, with tours throughout the day.
  - ◆ **Foot** safari and petting farm
  - ◆ Pay a visit to **Lemur Land**
  - ◆ Mess around in the **pedal boats**
  - ◆ Adventure play area with **pirate ship**, climbing frames.
  - ◆ Zip through the sky over the pedal boats on the **Flying Fox!**
  - ◆ Race down the **Astroglide**
  - ◆ Want to learn a bit more about the animals? Don't miss the **Meet the Keeper** talks at enclosures and viewing platforms:
- We will meet at an **agreed location at 2.45pm** so that we can be on the bus by 3.00pm sharp.
- Arrive back to Aberdeen at approximately **6.00pm**

### Notes

- **Safety** – Listen carefully to instructions and follow them at all times
- Bring a snack and water/drink with you. Bring a packed lunch or money with which to buy lunch. Remember there are places, within the safari park, where you can eat or buy lunch but be aware that these may be busy (you may have to queue) and they could be quite expensive.
- As you might be outdoors for quite a while and might have to walk a fair bit, wear suitable footwear and be prepared for the cold or rain.

# Lochter

**Thursday 17<sup>th</sup> May 2018**

Arrive: **Oldmachar Academy car park**

Time: **8.35am.**

Bus leaves at 8.45am

Returning to Oldmachar Academy **approx. 3.30pm**

## Activities:

Karting, Zip Wire, Climbing Wall, Segway Slalom and Water Zorbing.

Require packed lunch and snack for morning.

Suitable clothing for activities. As we are outside all day please dress appropriately for the weather and bring a waterproof, wind proof jacket, waterproof trousers (only if already have) spare socks, a hat and gloves.

- Please note as according to school policy, no fizzy drinks should be included in packed lunches and pupils will not be allowed to purchase such drinks while on activities week. Fizzy drinks will be confiscated during the school day.
- Mobile phones are permitted for lunchtimes and journeys. Any device is taken at the pupil's own risk and will not be permitted during the activities.
- No eating or drinking will be permitted on any of the buses.
- If your child should be ill on any day – please phone the school to let them know as soon as possible.
- Any changes in medical information – please let us know as soon as possible.





## Pupil & Parent Information Sheet

Please read the following information about the Landmark activity day on **Thursday 17 May 2018** carefully.

### Times

*Parents should use the Jesmond Centre car park when dropping off and collecting pupils*

Departure: Pupils are instructed to meet at Oldmachar at 7.15 am. The coach will depart at 7:30 am.

Arrival: The group will return to school around 6:30pm. Pupils should contact parents directly to give a more accurate arrival time.

Please note: **Eating on the bus is not permitted.**

### Clothing

Please bring suitable outdoor clothing (comfortable footwear, rain jacket, etc.) Pupils may bring a backpack which can be left with staff at the designated meeting point.

### Lunch arrangements

Pupils may bring a packed lunch or choose to eat at one of the two catering outlets at Landmark. Meal deals can be purchased for around £5. Pupils are advised to bring a refillable water bottle. **Please do not bring fizzy/energy drinks or chewing gum.**

### Money

Pupils may bring money for refreshments and lunch. There is a souvenir and gift shop pupils may wish to visit.

### Behaviour expectations

Pupils are expected to behave in a manner befitting Oldmachar Academy pupils. Courtesy and respect must be shown at all times to members of the public, coach drivers, staff and each other. Pupils must listen carefully to instructions and requests.

Pupils will be organised into small groups, for registration purposes, and are instructed to stay in those groups throughout the day. The team leader will take a note of mobile phone numbers. In the event of an emergency pupils are instructed to contact the time leader.

# Codonas

**Friday 18<sup>th</sup> May 2018**

**Arrive: 10.20am** – Pupils meet at the Bowling reception.

**Finish 2pm** – Pupils will meet their staff members at 1.50pm and then be dismissed from Codonas at 2pm.

Pupils make their own way to and their own way home from Codonas.

Activities - 2 games of Bowling, Indoor Golf, Dodgems, XD Theatre and lunch.

Lunch is provided. Pupils may take other money for additional activities at Codonas.

- Please note as according to school policy, no fizzy drinks are allowed. Fizzy drinks will be confiscated during the school day.
- Mobile phones are permitted for lunchtimes. Any device is taken at the pupil's own risk and will not be permitted during the activities.
- If your child should be ill on any day – please phone the school to let them know.
- Any changes in medical information – please let us know as soon as possible.

## A Day in Court in School Wednesday 16<sup>th</sup> May

Arrive: Oldmachar Academy 8.40am

Lunch: Pupils will need to take their own. Lunchtime is 12.44pm – 1.34 (normal school lunch)

Room: D8



There will be four elements:

- Evidence gathering
- Speaking like a lawyer
- Preparing a case
- Going to trial

## Activity Day\_Art in School

### Activity: Yarn Weaving

Pupils should arrive in school for a 9.30am start.

Pupils should bring water, a snack and lunch.

### Timings

Session 1: will be from 9.45 till 10.30,

Half hour break (10.30 till 11)

Session 2: 11am till 12.30, then break for lunch

1Hr for lunch

Session 3: 1.30pm till 3pm

### Programme

Pupils will be shown different ways of yarn weaving on a frame. An information booklet with techniques will be available.

A small mug rug weave will be created then moving onto a larger wall hanging with additional techniques.

Both activities will be finished and taken home on the same day.

Pupils can bring along a particular yarn to use if they wish, all materials will be provided otherwise.





## Bread and Cake Making

### Monday 14 May and Tuesday 15 May



Staff	Mrs Thomson and Miss Finlayson(Monday)
Where	B15
Start Time	8.50am
Break	20 minute during the morning
Lunch	12.30 - 1.30pm You can eat your Pizza for lunch in HE at lunchtime if you want to. I may even provide dessert!
Finishing Time	3.00pm approx
What	Monday <ul style="list-style-type: none"> <li>● Irish Soda Bread</li> <li>● Pizza</li> <li>● American Cookies</li> </ul> Tuesday <ul style="list-style-type: none"> <li>● Chocolate Muffins</li> <li>● Showstopper Cake</li> </ul> + A few more surprises!!
What to bring	<ul style="list-style-type: none"> <li>● Apron</li> <li>● 2 Tea towels each day</li> <li>● Containers for taking food home will be supplied by school</li> </ul>
What to wear	Wear comfortable clothes suitable for working in a kitchen - no short cropped tops please. Extremely comfortable shoes/trainers are essential. You will be on your feet ALL DAY.
Any questions: see Mrs Thomson at break or lunchtime in Home Ec - B7/B15	



## Bread and Cake Making

Thursday 17 May and Friday 18 May



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