

Active Schools: Oldmachar ASG (August – December 2017)

Hello everyone ☺

Please find below the Active Schools clubs taking place in the Oldmachar ASG for secondary pupils between August and December 2017. Information on how to book your child in to each club is stated below. Booking is not required for lunchtime clubs. The school also plans to have a several school teams up and running throughout the year which pupils and parents will be made aware of once established.

Activity	Age Group	Location	Time/Day**	Notes***
Basketball	S1	Games Hall	Lunchtime Monday	No kit required
Running Club	S1-S6	Games Hall	3:30-4:30pm Monday	Kit required
S4 Football	S4	Playing Fields (Outside)	3:30-4:30pm Monday	Kit required
Spin Class	S1-S6	Jesmond Centre	3:45-4:15pm Monday	Kit required (meet in PE department)
Yoga	S3-S6	Jesmond Centre	4:30-5:15pm Monday	No kit required (14+ years)
Badminton	S2	Games Hall	Lunchtime Tuesday	No kit required
Girls' Football	S1-S6	Games Hall	3:30-4:30pm Tuesday	Kit required
Dodgeball	S1	Games Hall	Lunchtime Wednesday	No kit required
Circuit/Fitness	S1-S6	Jesmond Centre	3:45-4:15pm Wednesday	Kit required (meet in PE department)
Hockey	S1-S3	Jesmond Centre	5-6pm Wednesday	Kit required (£1/session)
Basketball	S2	Games Hall	Lunchtime Thursday	No kit required
Badminton	S1-S6	Games Hall	3:30-4pm Thursday	No kit required
Football	S1	Games Hall	Lunchtime Friday	No kit required
Netball	S1-S6	Games Hall	3:30-4:30pm Friday	Kit required
Karate	S1-S6	Jesmond Centre	6:45-7:30pm Monday and Friday	Kit required*

* Active Schools has an agreement with Shi-gaku-kan karate club – further information provided upon request

** All clubs are open for booking. After-school clubs may have delayed start but pupils will be informed via bulletin

*** For clubs where kit is required, standard P.E. kit or sportswear would be preferable. Appropriate footwear necessary rather than school shoes

S1 and S2 Football are set to start later this term. Pupils will be informed of start date.

All clubs will start from the week beginning Monday 4th August unless stated. Please note that clubs will **not** run on in-service days. Each club will take a break during the school holidays. An updated timetable of activities will be provided in January 2017. There may be new clubs established throughout the year which will not feature above but will be promoted accordingly.



To book your child in for any of these clubs then please contact your Active Schools Coordinator:

Steven Campbell

E: StevCampbell@sportaberdeen.co.uk

T: 07825 228177

To ensure booking, may you please provided the following information (ideally via email or text):

Name of participant:

Sex: M/F

Class:

Emergency contact number:

Email:

Health issues:

Photo/social media consent: Y/N

Volunteers

To provide a wider range of clubs, Active Schools relies on volunteers. Having parents and guardians support or deliver clubs is a great way of helping participants feel comfortable attending new activities. Volunteers can gain qualifications and develop numerous skills - it is also a lot of fun! If you would be interested in helping in any way - from supporting our coaches, delivering activities or just being there to provide praise and support for our kids - then we would love to hear from you!

Sport Aberdeen Memberships – Active Starts and Active Futures

Sport Aberdeen has fantastic new young person's membership options. As well as access to public swimming session, golf and the iZone, members will be entitled free access to one charged Active Schools activity per term! For more information on both the Active Starts (5-13 years) and Active Futures (14-17 years) memberships please visit: <http://www.sportaberdeen.co.uk/membership/active-starts-and-active-futures/>

